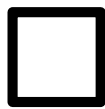


5 WAYS TO PLAY WHEN YOU DON'T FEEL WELL

because #playmatters

Pauline and
Lessons Learnt Journal . com



{stringing}

BUTTONS NECKLACE

Thread some dental floss through a needle, and thread buttons to make a buttons necklace.



{colours}

PRETTY FLOWERS

Put a few drops of food coloring into a glass of water. Place some white coloured flowers like daisies into the glass and watch the flowers change colour. (It will take a few hours).



{cut & paste}

FUNNY FACES

Cut pictures out of magazines and catalogs and make some funny faces.



{cut & paste}

CODED MESSAGES

Cut out letters or words from magazines and catalogs for a mysterious message.



{imagine}

STICKY STORY TELLING

Place contact paper (sticky-backed paper) to a window or wall or table, with the sticky side facing out. Provide pop sticks, ribbons, fabrics, straws, etc. Let the child play and tell a story.